The 28th All Japan Speed Skating Single Distances Championships

Day 2 as of 22 October 2021

Day 2									
Category	Div.	Distance	Number of	Series x time	Time		Planning		
			skaters	36116	es x time	compet.	iceprepar.	start	end
Ice training				1	x 45'00	45'00		7:30	8:15
Ice preparation							15'00	8:15	8:30
Ice training				1	x 45'00	45'00		8:30	9:15
Ice preparation							30'00	9:15	9:45
Men	Jr	1000m	16	8 p	x 02'20	19'00		9:45	10:04
Change system							03'00	10:04	10:07
Women	Jr	1000m	17	9 p	x 02'30	23'00		10:07	10:30
Ice preparation (race lanes)							17'00	10:30	10:47
Men	Jr	3000m	19	5 q	x 05'30	28'00		10:47	11:15
Warm up (for SD)				1	x 60'00	60'00		11:15	12:15
Ice preparation							45'00	12:15	13:00
Women	SD	1000m	24	12 p	x 02'30	30'00		13:00	13:30
Ice preparation		(Flower giving -				20'00	13:30	13:50	
Men	SD	1000m	23	12 p	x 02'15	27'00		13:50	14:17
							03'00	14:17	14:20
Warm up (for MSR) (Flow		Flower giving - 1000m)		1	x 10'00	10'00		14:20	14:30
Ice preparation							20'00	14:30	14:50
Women	SD	Mass start	7	1 h	x 10'00	10'00		14:50	15:00
Change system							07'00	15:00	15:07
Men	SD	Mass start	9	1 h	x 10'00	10'00		15:07	15:17
							03'00	15:17	15:20
Ice training		(Flower giving -	Mass start)				30'00	15:20	15:50
SCHEDULE WITH ALL RESERVED									

Signature Referee Women:

Signature Referee Men: